

CLOTH DIAPER WASHING ROUTINE

You'll need to use a detergent that is free of dyes and perfumes. Charlie's Soap is a highly recommended product that is very cost effective, all natural and extremely effective at removing odor, dirt and stains! Here is my diaper washing routine (every other day):

1. **(RINSE)** – I run the diapers through an entire wash/rinse cycle withOUT soap (on “Cold”), to get as much of the “dirties” out of the diaper prior to adding detergent.

2. **(SOAK)** – *I will *periodically* soak diapers if they start to get a little funky:*

- *Add scoop of baking soda (sometimes a few drops of tea tree oil)*
- *Let fill and agitate briefly to dissolve baking soda*
- *Soak for 45 minutes*
- *Allow to agitate again, then move to high spin – spin out water*

3. **(WASH)** – Now it's time to add detergent!

- Move your setting back to your longest wash cycle
- Change water temp to HOT
- Change extra rinse to ON
- Add 2 TBS (smallest scoop) of detergent (Charlie's Soap or a “Free and Clear”)

4. **(DRY)** – It's best NOT to dry the shells all the way. If you can take them out part-way through the drying cycle, it will help them last longer! Of course, if you can hang them outside that will allow them to last the longest :)

- Dry all on temperature: MEDIUM
- Time: NORMAL